

**MERIDIAN RIVERS OF CHI KINESIOLOGY
SESSION SHEET**

Practitioner Name: _____ Case Study #: _____

Client Initials: _____ Age: _____ Date: _____

Physical Symptoms: _____

Emotional Stressors:

Clear	Want to Feel

Pre-checks: Hydration | Central | Switching | Body Polarity | Ionisation | Thymus ___% / ___%

Willingness statements: Stress? Yes / No Correction: _____

Connection Points: Spirit | Mind | Body-Heart | Earth

Goal/Context: _____

_____ Best Goal?: Yes / No

Stress on Goal/Context: _____ Suppression Mode: I/C? Yes / No

Age of Cause or Age of Best Understanding (circle): Age _____

Involvement: Self | Male | Female | Parents | Everyone | Circumstance | Spirit | Other

Who/What?: _____

Test Alarm Points (light touch) = over energy, when I/C go through following process for each alarm point indicating.

MERIDIAN (circle): CV | GV | ST | SP | H | SI | BL | KD | PC | TW | GB | LV | LU | LI

Physical indications of imbalance: <i>(Read, only test if client says relevant)</i>	
Attributes:	
Emotions:	

<p>Emotional indications of imbalance:</p>	
<p>Emotional indications of balance:</p>	
<p>Correction Remedies:</p> <p><i>Challenge remedy:</i> - I/C do more of same remedy - No I/C, check for a different remedy, if required.</p>	<p>Meridian (circle): Trace / Walk / Stroke / Warm / Hold / Flush Acupressure Point: _____ NE Point: _____ Essential Oil: _____ Crystal: _____ Colour: _____ Nutrition: _____ Affirmation: _____ Activities/Spiritual Practices: _____ Sound: _____ Flower Essence: _____ Balancing Spray/Oil: _____ Oracle/Healing Card: _____ Nature's Healing Chi: _____ ESR / Other: _____</p>
<p>Recheck: (Tick)</p>	<p><input type="checkbox"/> More Mode is clear. <input type="checkbox"/> "Attributes", "Emotions", words/phrases from "Emotional indications of imbalance", "Emotional indications of balance" all holding, ie. no stress. <input type="checkbox"/> Alarm Point for particular meridian is clear, ie. no I/C. If all clear move to next Alarm Point (meridian), if not use further remedies.</p>

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Recheck: (Tick)

- Area of involvement is clear, ie. no I/C.
- Age of cause or best understanding is clear, ie. no I/C.
- Suppression Mode is clear, ie. no I/C.
- Physical symptoms clear, ie. no I/C.
- Goal / context is clear, ie. no I/C on emotional stressors.
- Stress on goal has reduced. Stress level now: _____

Home reinforcement: _____

Other Comments: _____

Participant Feedback: _____

Record information and 'the story' on relevance of what tested up including remedies in relation to client's physical symptoms, emotional stressors and goal/context:

End of Meridian Rivers of Chi Kinesiology balance